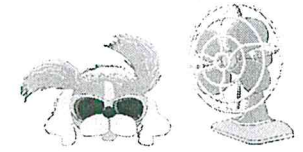



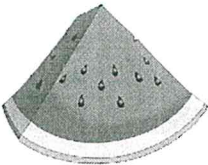





Independent Living Activity Calendar

August 2024



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|--|--|---|
| <p>The newly named "Arizona Room" (Formerly known as the Goldsmith Activity Room) is now open 24 hours a day for residents to use and is setup with multiple "Do It Yourself" activity areas including:</p> <ul style="list-style-type: none"> * A Board Game Table * An Arts & Crafts Table * A Word Game Table * 2 Puzzle Tables * A Crochet Area * And coming soon.... 3 computer stations <p>Please note: All Activities listed on the calendar taking place in the Arizona Room are "Do It Yourself" activities and there will not be an activity staff member present</p> | | | | <p>8:00 Chair Yoga (AZR) 9:00 Watch Olympics Gymnastics (ALR) 10:00 Craft with Kym (ALR) 11:00 Book Club (ALR) 2:00 Piano Concert with Paul Sherman (M)</p> | <p>8:00 Chair Yoga (AZR) 9:30 Watch Olympics Swim/Track & Field (ALR) 10:00 Rumikub (AZR) 2:00 Exercise w/Donna (M) 2:15 Mixed Trivia and Word Games (ALR)</p> |  |
| <p>2:00 Sunday Movie: "The Man From U.N.C.L.E." (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Current Events (ALR) 11:00 Trivia (ALR) 1:00 Open Art Studio (AZR) 1:00 Rumikub (AZR) 2:00 Exercise w/Donna (M)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Coffee Social (ALR) 2:00 Computer Training Class (M)</p> | <p>8:00 Chair Yoga (AZR) 11:15 Sing A Long with Judy (ALR) 1:00 Bingo "Doors" Open 1:30 Bingo Game Starts (AZR) 2:00 Movie: "A Family Affair" (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Craft with Kym (ALR) 11:00 Book Club (ALR) 2:00 Olympics Party with Gymnastic Performance (M)</p>  | <p>8:00 Chair Yoga (AZR) 10:00 Rumikub (AZR) 2:00 Exercise w/Donna (M) 2:15 Mixed Trivia and Word Games (ALR) 3:30 Shabbat (ALR)</p> |  |
|  | <p>8:00 Chair Yoga (AZR) 10:00 Christian Service (ALR) 11:00 Current Events (ALR) 1:00 Open Art Studio (AZR) 1:00 Rumikub (AZR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Coffee Social (ALR) 1:30 Writer's Workshop Topic: Making Your Own Family Traditions - Keeping a Journal (ALR) 2:00 Exercise w/Donna (M)</p> | <p>8:00 Chair Yoga (AZR) 11:00 Adult Coloring (ALR) 1:00 Bingo "Doors" Open 1:30 Bingo Game Starts (AZR) 2:00 Movie: "The Long Game" (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Craft with Kym (ALR) 11:00 Book Club (ALR) 2:00 Board Games and Sweet Treat Social (M)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Rumikub (AZR) 2:00 Exercise w/Donna (M) 2:15 Mixed Trivia and Word Games (ALR)</p> |  |
| <p>2:00 Sunday Movie: (ALR) "Find Me Falling" (Romantic Comedy)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Current Events (ALR) 11:00 Trivia (ALR) 1:00 Open Art Studio (AZR) 1:00 Rumikub (AZR) 2:00 Exercise w/Donna (M)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Coffee and Live Music Social (ALR) 2:00 Computer Training Class (M)</p> | <p>8:00 Chair Yoga (AZR) 11:15 Sing A Long with Judy (ALR) 1:00 Bingo "Doors" Open 1:30 Bingo Game Starts (AZR) 2:00 Movie: "The Neon Highway" (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Craft with Kym (ALR) 11:00 Book Club (ALR) 2:00 Jimmy Buffet Summer Island Monthly Birthday Party (M)</p>  | <p>8:00 Chair Yoga (AZR) 10:00 Rumikub (AZR) 2:00 Exercise w/Donna (M) 2:15 Mixed Trivia and Word Games (ALR) 3:30 Shabbat (ALR)</p> | <p>*** Please Note *** Any Activities listed as taking place in the Assisted Living Activity Room (ALR) or in the Manor Dining Room (M) are combined programs with the Assisted Living Residents.</p> |
|  | <p>8:00 Chair Yoga (AZR) 10:00 Christian Service (ALR) 11:00 Current Events (ALR) 1:00 Open Art Studio (AZR) 1:00 Rumikub (AZR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Coffee Social (ALR) 2:00 Exercise w/Donna (M) 2:45 Summer Painting (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Catholic Mass (ALR) 11:15 Adult Coloring (ALR) 1:00 Bingo "Doors" Open 1:30 Bingo Game Starts (AZR) 2:00 Movie: Ghostbusters Frozen Empire" (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Craft with Kym (ALR) 11:00 Book Club (ALR) 2:00 Paint and Sip (ALR)</p> | <p>8:00 Chair Yoga (AZR) 10:00 Rumikub (AZR) 2:00 Exercise w/Donna (M) 2:15 Mixed Trivia and Word Games (ALR)</p> | <p>Activity Location Key: ALR - Assisted Living Activity Room M - Manor Dining Room AZR - Arizona Room (Formerly known as the Goldsmith Activity Room)</p> |